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BREAKFAST		TRIO FRITTERS (VE) (GF)	\$24.9	GRILLED SALMON	\$26.9
<u>TOAST</u>	\$8.9	3 fritters with a mix of green peas, sweet potatoes, zucchini, spring onic spinach, onion and garlic, served with a house made mint capsicum chutney, smashed avocado, tomato relish and a salad of roquette,	on,	Grilled atlantic salmon seasoned with sea salt, a salad of soba noodles, soy beans, pickled zinger, fresh cilantro, and assorted seeds with asian soy dressing.	
Sourdough, multigrain or ciabatta toast with butter and your choice of house made strawberry and rhubarb jam, peanut butter or vegemite.		pomegranate and rainbow radish with lemon vinaigrette dressing.		<u>SEAFOOD BASKET</u>	\$25.9
Gluten free toast +\$1 Fruit toast +\$1		BIRCHER BOWL (VE) Rolled oats soaked in apple juice, apricots, cranberry, seeds, coconut	\$22.9	Selection of fried prawns, calamari, fish bites and scallops with fries and tartar sauce	
BIG BREAKFAST	\$25.9	flakes, almonds and chia seeds served with coconut yogurt, roasted nut fresh berries, passionfruit and maple syrup and dusted with cinnamon	ts,	SLOW COOKED LAMB TACOS	\$25.9
Grilled roma tomatoes, mushrooms, hickory bacon, cheese kransky, avocado and house made hash potato with your choice of eggs on		sugar. <u>ACAIBOWL</u> (VE) (GF)	\$20.9	3 tortillas with kale slaw, caramelised onion, slow cooked lamb, chipotle mayonnaise and tomato and onion salsa.	
sourdough toast.	\$25.9	100% Brazilian acai blended topped with chia seeds, banana, crushed		<u>SUPER GRAIN SALAD</u> (VE) (GF)	\$24.9
<u>VEGGIE BREAKFAST</u> (V) Grilled roma tomatoes, mushrooms, wilted spinach, baked beans,	\$23.9	nuts, toasted coconut and fresh berries Add peanut butter +\$2		Trio quinoa, cranberry, pomegranate, kale, spinach, mint, poached sliced pear, assorted seeds, toasted almond flakes	
grilled halloumi and house made hash potato with your choice of		EGGS YOUR WAY	\$13.9	with lemon and balsamic dressing and beetroot hummus.	
eggs on sourdough toast. FRENCH TOAST	\$23.9	Two free range eggs cooked your way served with sourdough toast.		<u>CRISPY CALAMARI SALAD</u>	\$24.9
Brioche french toast with nutella mascarpone, maple syrup, mix roasted nuts, assorted seeds and fresh berries topped with freeze	⊅∠ 3.9	<u>EXTRAS</u>		Crispy calamari cooked with asian spices, kale slaw, spring onion, fresh coriander, green papaya, cashews, bean sprouts, fresh chilli, crispy noodles, with Japanese mayonnaise and a zesty zinger lemon	
dried berries.		Sautéed Spinach / roasted tomatoes / herbed mushroom \$5		dressing.	
BISCOFF HOTCAKES (V)	\$23.9	Cheese kransky / hickory smoked bacon / fresh or smashed avocado /		MOROCCAN CHICKEN SALAD	\$24.9
House made fluffy hotcake with maple syrup, fresh berries, mixed roasted nuts, freeze dried berries, biscoff mascarpone topped with biscoff crumbs.		tofu / house made potato hash / grilled halloumi cheese / marinated f house made baked beans \$6	Grilled moroccan spiced chicken, turmeric infused couscous, kale, feta, pumpkin, medley tomatoes, cucumber, avocado and lemon aioli dressing.		
EGGS BENEDICT	\$23.5	Grilled chicken breast / smoked salmon \$7		BOWL OF POTATO WEDGES	\$14.9
Hickory smoked bacon, poached eggs topped with hollandaise sauce		Grilled prawns \$8			
on your choice of either english muffin, or sourdough toast with a salad of snow pea tendrils, apple and rainbow radish, tomato and onion salsa with house made potato hash brown.		Grilled salmon steak \$10		BOWL OF FRIES BOWL OF SWEET POTATO FRIES	\$12.9 \$14.9
ATLANTIC BREAKFAST (GF)	\$24.9				
House made potato hash, smoked salmon, smashed avocado, topped		LUNCH		KIDS	
with a salad of snow pea tendrils rainbow radish, fresh soy bean and dill, cucumber ribbon and a side of poached eggs with hollandaise		STEAK SANDWICH	\$26.9	RAINBOW HOTCAKE	\$13.9
sauce. <u>BRUSCHETTA BREAKFAST</u> (V)	\$23.5	Marinated grain fed sirloin steak with roquette, tomato, beetroot relish	,	Fluffy hot cake with fresh berries, maple syrup, rainbow ice cream and sprinkles of hundreds and thousands.	4.575
Pan fried vegetables such as baby colourful carrots, trio mushrooms,		caramelised onion, cheddar cheese and egg on Turkish roll with a side of fries.	OI	POPCORN CHICKEN	\$13.9
medley tomatoes, red onion, capsicum, broccolini, halloumi cheese and crispy kale cooked with basil pesto on ciabatta toast with a		<u>GREY MATTER BEEF BURGER</u>	\$25.9	Crispy popcorn chicken with fries.	
balsamic glaze with two poached eggs.	# 2 2 0	Premium wagyu beef patty, hickory bacon, cheddar cheese, gherkin pickles, beetroot relish, roquette and tomato on a milk bun with a side of	of	<u>MEATBALL PASTA</u>	\$13.9
MEDITERRANEAN OMELETTE A fluffy omelette filled with onion, medley tomatoes, eggplant,	\$23.9	potato wedges.	O1	A Tagliatelle pasta with bbq meatballs cooked in napoli	
mushrooms and feta cheese served on potato and rosemary		<u>FRIED CHICKEN BURGER</u>	\$24.9	sauce. CHEESE BURGER	\$13.9
sourdough topped with a salad of rockeroquettet, avocado and rainbow radish.		Fried chicken breast marinated with southern spices, chipotle mayonnaise, cheddar cheese and kale slaw in a buttermilk bun with a		Beef patty with cheddar cheese, tomato sauce and dijon	413.3
AVOCADO CRUNCH (V)	\$23.9	side of fries	¢240	mustard with fries. BACON AND EGG	\$13.9
Smashed avocado, tri quinoa, assorted seeds, marinated feta cheese, medley tomatoes, rainbow radish and pomegranate on ciabatta toast		<u> </u>		Hickory smoked bacon with choice of egg on white toast.	Ψ13.3
with a side of mint capsicum chutney and poached eggs. BREKKIE BURGER	\$22.9	Plant based vegan patty, beetroot relish, roquette, tomato, vegan cheese, Hickory vegan mayonnaise and hot paprika sauce in a beetroot bun served with a side of sweet potato fries.		Thekery smoked bacon war choice of egg on white todat.	
Hickory smoked bacon, grilled halloumi, fried eggs, roquette,		<u>NASI GORENG</u> (GF)	\$20.9	V=VEGETARIAN VE=VEGAN	
smashed avocado, tomato relish, on butter milk bun served with side of onion rings.		Fried rice with house made nasi sauce, cabbage, chilli, garlic, bean sprouts, crispy shallots and fried egg.		GF=GLUTEN FREE (GF products may contain traces of glute All public holidays will incur a 15% surcharge	
NATURE'S ROWL (VEV (CE)	¢ 2 / 0	ADD CHICKEN : #7		Please he advised that unfortunately we cannot guarantee that	t our

Please be advised that unfortunately, we cannot guarantee that our products are strictly free from any allergies. Although we will always try our best to avoid cross-contamination, there is always a possibility for this to occur. If you are highly allergic to certain food products or concerned about ingredients or cross-contamination, please advise us so we can help you make the right decision to avoid the risk of having an allergic reaction.

NATURE'S BOWL (VE) (GF) \$24.9

Maple glazed pumpkin, beetroot hummus, avocado, pan fried kipfler potatoes, pan fried kale, medley tomatoes and a salad of quinoa, cranberries, seeds, edamame and pomegranate with lemon dressing

ADD CHICKEN +\$7 ADD PRAWNS +\$8

GREY MATTER CAFE

HOT DRINKS		COLD DRINKS			
HOUSE COFFEE BLEND Latte / Cappuccino / Flat White / Piccolo / Magic / Espresso / Short Macchiato / Long Macchiato / Long Black	\$4.5	SMOOTHIES BANANA	\$9.5	ICED CHAI LATTE A milky blend of aromatic spices, organic black tea and raw organic honey served with ice and ice cream.	\$8.5
Mug +\$0.80 Freshly Ground Decaf +\$0.50		Milk, Banana, Ice Cream, Cinnamon, Honey. <u>B E R R Y</u> Milk, Mixed Berries, Yoghurt, Honey.		ICED MATCHA LATTE Premium green tea leaf latte served with ice and ice cream.	\$8.5
Bonsoy Milk +\$0.80 Oatly Oat Milk +\$0.80 Milklab Milk: Almond, Coconut, Lactose Free +\$0.80 Syrups – Caramel, Hazelnut, Vanilla +\$0.50		TROPICAL Milk, Mango, Strawberry, Passionfruit, Yogurt, Honey.		<u>COLD DRIP</u> Single origin 8 hour cold drip filtered coffee served with ice (single origin coffees are rotated seasonally).	\$6.5
Strong +\$0.50 AFFOGATO A fresh coffee shot extracted over a scoop of creamy	\$6.5	<u>COCONUT</u> (VE) Coconut Water, Mango, Strawberry, Coconut Yoghurt. <u>ACAI</u> (VE)		<u>ICED COFFEE</u> Fresh Espresso shot served with milk, whipped cream, and ice cream.	\$8.5
vanilla ice cream. SPICE CHALLATTE	\$6.5	Almond Milk, Acai, Mixed Berries, Coconut Yoghurt.		ICED CHOCOLATE Served with chocolate ganache, milk and vanilla ice cream.	\$8.5
A truly decadent blend of aromatic whole spices, black tea and golden Australian honey. Served in a Turkish pot with cinnamon spice dusting.	+ 0.3	<u>CHOC PEANUT BUTTER</u> (VE) Almond Milk, Cocoa, Banana, Coconut Ice Cream, Peanut Butter.		ICED MOCHA Served with ice, chocolate ganache, milk, vanilla ice cream and a fresh espresso shot.	\$9
TURMERIC CHAI LATTE	\$6.5			ICED LATTE / LONG BLACK	\$ 5
A chai spice blend with fresh ground turmeric, ginger, black pepper, cinnamon and honey brewed with creamy coconut milk. Served in a Turkish pot with cinnamon spice dusting.		FRESHLY SQUEEZED JUICE WELLNESS	\$9.5	Large +1.5 TRADITIONAL MILKSHAKES	\$8.5
MATCHA LATTE	\$6.5	Beetroot, Celery, Carrot, Apple.		Chocolate / Vanilla / Caramel / Strawberry / Blue Heaven	
Premium green tea latte.		<u>SUNRISE BLISS</u>		ADD MALT +\$1 THICKSHAKES +\$1.5	
BELGIAN HOT CHOCOLATE A mix of Belgian's finest milk chocolate callets melted down in a warm creamy milk.	\$6	Pineapple, Apple, Strawberry, Watermelon. CITRUS FUNK			
BELGIAN MOCHA	\$6.5	Watermelon, Apple, Orange, Lemon.		SUPERSHAKES	\$18
A mix of Belgian's finest milk chocolate callets melted down in a warm creamy milk with an espresso shot.	+ 0.5	MINTY FRESH Pineapple, Apple, Mint, Lemon.		NUTELLA ROCHER	
BELGIAN COCONUT HOT CHOCOLATE	\$7	<u>ENERGIZE</u>		Nutella milkshake with vanilla ice cream, whipped cream, Nutella & Ferrero Rocher cookie and chocolate crumble.	
A mix of Belgian's finest milk chocolate callets melted down in	Ψ /	Apple, Celery, Baby Spinach, Cucumber.		STRAWBERRY SWIRL BLISS	
a warm creamy coconut milk. ALMOND HOT CHOCOLATE (VE)	\$6	PEARYLICIOUS Pear, Strawberry, Watermelon, Orange.		Strawberry milkshake with vanilla ice cream, whipped cream, red velvet cookie, strawberries, raspberry coulis, white chocolate ganache and fairy floss.	
A rich delicious creamy vegan cocoa with warm creamy	4 3	<u>ON ITS OWN</u>		COOKIES & CREAM DELIGHT	
almond milk. BABYCINO	\$2	Choose up to 4 fruits or veggies.		Cookies and cream milkshake, whipped cream, cookies and cream ice cream, wafer cone, mini Oreos, chocolate crumble and white chocolate ganache.	
Layers of creamy froth and chocolate sprinkles served with a marshmallow				SWEET TOOTH	
<u>TEA</u>	\$5	ICED TEA English Breakfast tea with lemon and mint.	\$8.5	Blue heaven milkshake with vanilla ice cream, whipped cream, sour straps, 100's & 1000's, gigantic lollipop, fairy floss and white	
English Breakfast / Earl Grey / Chamomile / Lemongrass & Ginger / Green / Peppermint		<u>Lemongrass & Ginger.</u>		chocolate ganache.	